# **eNews @ Nedlands Primary School**

### **27 February 2022**

### PRINCIPAL MESSAGE

Kaya, 你好 Nǐ hǎo, Hello on this beautiful day in Perth
I thank Mr Andrew McDougall for his years of voluntary service as President of the P&C.
I congratulate Gemma Henderson in her role as the incoming President of the P&C.
Read more about this in this week's newsletter.

I begin by expressing good health to you all and assure you that we are leading the impending Covid-19 spread with the priorities of

Calmness Communication Covid-19 information

I thank the community and the staff that have experienced being a casual or close contact. The following links will support those who are wanting to understand how to respond ahead of any contact in the future. The links have a clear action plan for you.

https://www.healthywa.wa.gov.au/Articles/A E/Coronavirus/Quarantine-and-isolation

https://www.healthywa.wa.gov.au/Articles/A\_E/Coronavirus/Managing-COVID19-at-home-and-in-the-community

You have understood that when we 'stay in our lane' and follow the process of:

 Remaining Calm and sharing with our children and others on a need to know basis we are leading Calmness together

You have understood that it is important to

- Communicate your Covid-19 circumstances directly to the principal either by phone or email. Thank you for not making it the teacher's role to manage this. If I am not available, please speak to either Nicola Holt or Andrew Gould. We are the Nedlands Incident Management Response Team at Nedlands.
- **Be informed by reading the Covid-**19 information that is specifically shared and generally publicly available to you.

Please follow these links to understand how all schools in WA will proceed should there be an identified cases of Covid-19 at the school. <a href="https://www.education.wa.edu.au/managing-covid-19-in-a-school">https://www.education.wa.edu.au/managing-covid-19-in-a-school</a>. High case load protocols for schools <a href="https://www.education.wa.edu.au/covid-19">https://www.education.wa.edu.au/covid-19</a>

### COVID-19 Parents Helpline: 1800 882 345

### Mask Wearing

Primary students are encouraged to wear masks and it is the intention of the Chief Health Officer for children (Years 3 to 6) when the state moves to a very high caseload setting. There are ways adult surgical masks can be adapted for children as per this video. video

Our teachers are ready to pivot to Home Learning should it be required for either singular, or multiple classes. You are going to see more relief teachers in the next few weeks as teachers respond to the impact of Covid-19 in their personal lives.

I know that at some point we have the potential to be short of staff. We will make practical plans and your regular expectations of us will need to have some flexibility as we do our best in responding to each scenario. There is a good chance you will see me sporting an apron and cleaning materials in my hand over the next few weeks. We are all in this together, lending a hand where needed.

Kevin the kookaburra isn't out there today, probably **gone off to get his Covid-19 booster shot.**From our families to yours - Keep safe and healthy
LINDA GRIFFIN



### **UPCOMING CALENDAR DATES**

### WEEK 5

- Students engaged and learning with no extra activities
- Mums, dads and carers
   Engaged and learning all about how they will respond if Covid-19 should visit your family
- Friday: Mrs Griffin checks on adult learning, random questions regarding your home Covid-19 response plan when I see you on site © Taking my role in adrenalin proofing you for Covid seriously ©.

### **WEEK 6**

Monday March 7: LABOUR DAY

Labour Day has its origins in the eight hour day movement which advocated eight hours for work eight hours for recreation and eight hours for rest. Labour Day is an annual holiday celebrated in Australia resulting from efforts of the labour union movement to celebrate the economic and social achievements of workers

https://www.sbs.com.au/language/english/when-did-australia-first-celebrate-labour-day

## 

Thank you everyone for responding so positively to the changes and routines in this constantly changing landscape of Covid. **Assemblies will be conducted online** and parents will be emailed a link on the day.

A reminder that students under the age of ten should not be walking home on their own.
IMPORTANT: The school cannot release a Kindy, Pre-Primary, to a sibling. It is a breach of our Duty of Care to your family.



Please pass this message on: Please don't come to school too early – 8:30 is the perfect time to arrive.

Thank you for sitting quietly outside the Altius Centre in the morning. Parents, a reminder KidsBiz is available for your convenience.

### **Parent Crosswalk Volunteers**

We are calling for parent volunteers to help as traffic wardens at the Elizabeth Road crosswalk. This will only require around twenty minutes of your time (3.10pm to 3.30pm) one day per week to help the students safely across the road. If you are interested in volunteering, please contact <a href="Micola.holt@education.wa.edu.au">Nicola.holt@education.wa.edu.au</a>.

### Music @ Nedlands

**Band and Orchestra rehearsals** are settling into a regular pattern. Parents please note the following rehearsal times for students in the Year 5 & 6 Orchestra and the Year 6 Band:

Tuesday	8.10am	BRASS
	12.50pm	DOUBLE BASS
Wednesday	7.55am	ORCHESTRA (in two groups)
	12.50pm	FLUTES
Thursday	7.55am	CLARINETS & SAXOPHONES
	12.50pm	PERCUSSION

# **Music Fees and Charges**

### **Instrumental Program**

- \$110 for students using an IMSS or a school instrument.
- Violin/viola: \$80 for **Year** 3 to Year 6 students using a school-owned instrument.

### **Performance Uniforms**

- \$25 annual fee for all Year 5 and Year 6 students. This covers drycleaning, purchase of extra suitbags/coathangers etc.
- Wendy Davis has kindly agreed to manage the performance uniforms this year. If any parent can spare some time to help it would be greatly appreciated. Please see Wendy Davis or Mrs Conroy if this sounds like an area where you could help.

Thank you, Alison Conroy Music Specialist

### Health and Well-Being @ Nedlands

The Health and Wellbeing School Councillors this year are Emma, Zephan and Evan. Their healthy tip for the beginning of term is about staying healthy:

Avoid germs and infections by:

- Washing your hands or using hand sanitiser often, but especially before eating and after using the bathroom
- Cover sneezes with your arm or sneeze into your elbow
- Avoid touching your mouth and nose
- Use tissues to blow your nose

This week the Health and Wellbeing Councillors have been watching for students to always be walking on hard surfaces. Students are encouraged to walk on hard surfaces so they don't fall over and hurt themselves.

The class who the Health and Wellbeing Councillors saw walking on hard surfaces was Year 5, Room 15. Congratulations to Room 15 for making sure you avoid accidents and walking on hard surfaces. If you have any Health and Wellbeing tips or healthy recipes you would like to share with the school community, please send them to me.

Thank you,

Daryl Morris-Hall <u>daryl.morris-hall@education.wa.edu.au</u>



# This is a cause we can at the needs of our school. Hi my name is Brooklyn, I am a 11 years old. I have decided this year I will participate in the World's Greatest shave. When someone signs up to shave, cut or colour their hair for the World's Greatest shave, they are raising awareness about the many people who face blood cancer and loose their hair during treatment. When I shave my hair, I will also be donating it to Sustainable Salons for them to turn my snipped pony tail into a wig for those who need it after their cancer treatment. If you would like to donate please scan the QR below to help me reach my goal.

### **WORLD'S GREATEST SHAVE**

This is a cause we can all open our hearts to and reach beyond the needs of our school

Please note the school is not able to promote all independent initiatives for fundraising in the future



Noongar Language Sharing

Kaya Bandang (Hello Everyone),

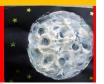
We continue to be in the Noongar Season of Boonaroo for February going into March.

You would have noticed the beautiful full moon lately. The moon in Noongar is called meeka. For your interest, the West Australian newspaper in the 'Letters' is sharing a 'Noongar Word of the Day'. Some new Noongar words to learn are: - bonar = seasons, meeka/meka/mika = moon, kedala = day, kedalak = night, koora koora = long ago, benang = tomorrow, mila = one day, yeyi = now, Nyidiny = the cold times, Koondarm = the Dreaming, karbala = afternoon, karnamook = evening, malyarak = midday, ngaangk = sunrise, ngaangk ngarda = sunset.

https://www.timeanddate.com/moon/phases/australia/perth

Boordawan (Talk later),

Mrs Margaret Parker





philly.lumby@education.wa.edu.au I am in school every THURSDAY.

## "The Only Constant in Life is Change." - Heraclitus

Feeling a bit Covid weary? You are not alone, but it's not all bad. As the images below suggest, we won't be stuck in this 'season' forever, and, as some children said to me recently, if you didn't change, you would never become a butterfly! Below is an excellent resource!





### Life is like the Seasons

Our pandemic experiences have been characterised by on-going change and uncertainty.

This isn't always easy to navigate. The seasons offer a rich way to think about all the change and uncertainty.

Remember each season isn't exactly the same each time it comes around, and no season lasts forever.





# Manage

### What ARE feelings?

Feelings are our personal response to a situation. They give us information, they don't control us.

We can take the information and choose whether and how to respond.

Naming feelings can help reduce their intensity.



- Think about what ...
- \* Relax you
- # Help you connect with others
- \* Get you active
- \* Make you laugh or feel happy





How can we live our best lives and make the most of the situation?

Ditch 'if onlys' and blame. Focus on things you CAN do. This will help us cope with future change and uncertainty, too.

And, remember as each season of life comes around, it takes a little time to adjust!



This resource was developed by the Centre for Children and Young People at Southern Cross University in collaboration with The MacKillop Institute.







mackillopinstitute.org.au



# Experience the Opportunities Nedlands Primary School

### Nedlands Primary School Board Meeting #90 Summary of discussions

Please find following a short summary of Board meeting #90, held on Wednesday 16 February 2022.

### Attendees:

Staff Representatives: Linda Griffin, Margaret Parker

Parent Representatives: Sally Brauer, Qi Chu, Victor Browner, Daisy Bohn

Guests: Nicola Holt (Deputy Principal)

Apologies: Marnie Lord

Board Secretary: Catherine Mendez

### Summary of Discussions:

- The Board welcomed Linda to the school and noted that although we commenced with a new leadership team, it has been a positive start to the year.
- The Board thanked Marnie Lord for her valuable contribution especially around well-being for staff and students. Marnie is finishing her
  position early due to (exciting) personal reasons. The remainder of Marnie's term will be served by Nicola Holt.
- Board members are finalising their portfolio contributions for the 2021 Annual Report.

### Principal's Report

- 481 students (247 male / 234 female).
- Discussion of the school's communication platforms being email for school information and Class Dojo for updates about school and classroom activities.
- There are no major events this term due to COVID restrictions it was noted that it was a shame that the school Welcome Picnic was not able to happen in week 3.
- COVID update information updates are being communicated by email.

### Sub-committee/Portfolio Updates

- Health & Wellbeing recruitment of new school psychologist underway. Impact of COVID restrictions on children discussed.
- Curriculum PAT (Progressive Achievement Test) benchmarking happening and also Pre-primary on-entry testing.
- Cultural Inclusion postponement of cultural activities due to COVID restrictions. Hoping Harmony Week in March will be able to go ahead.
- Policies & External Partnerships for the Sunsmart policy suggested the positive expression, "No hat, shade play" vs "No hat, no play".
- Intervention testing of Years 1 & 2 with SoundsWrite testing and EALD Years 1-6 to identify needs and then timetable intervention.
- Building & Grounds priorities are being worked on around the school. Wheelchair accessibility works continue.

### P&C Update

Sally Brauer will be attending the next P&C meeting as a Board representative.

Next Meeting: 23 March 2022

On behalf of the Board, we hope our teachers, children and families have settled in well to the new year.

Sally Brauer - Chair

### **UWA WEST COAST SQUADS - COME AND TRY**

Can your swimmer swim 50mtrs freestyle, 50mtrs backstroke and 50mtrs breaststroke? OR are they in stage 7 or above with school swimming? Then they are ready for junior development squad training with UWSC.

UWSC junior squads teach young swimmers how to build swimming endurance while maintaining good technique.

Contact UWA West Coast to 'come and try' our squads:

Email: administration@uwawestcoast.org Phone: 08 6156 1900 Website: http://www.uwawestcoast.org

Contact us on: pccommnedlands@gmail.com

NEDLANDS PRIMARY SCHOOL



I would like to introduce myself to those I don't yet know. I'm Gemma, mum of Lucas in yr 2 and Noa in pre-primary. We've been proud members of the wonderful Neddies community since mid-2020.



I must say a huge thank you to the many parents and community members who came along to the AGM. I am honoured that you have chosen me to lead our P&C for 2022.

The record breaking numbers at the meeting on Wednesday is evidence of the strength of our school spirit. Within our community of many cultures and walks of life are passionate individuals who are not afraid to put their hand up, or speak up. Over the course of this year, and beyond, I look forward to welcoming more community members onto the P&C team, to work towards our common goal: to enhance the school experience for our kids and our families.

I take this opportunity to thank the outgoing members for their hard work and dedication: Andrew MacDougall, Daniel Meredith, Brayden West and Dianne Caruso. Your legacy includes our wonderful Wellbeing Hub, new Kindy playground and ongoing access to Mathletics and other online learning platforms.

Thank you and welcome to those who volunteered to take on roles within the P&C this year, including:

- Hari Kumar Treasurer
- Kavita Seth Fundraising Coordinator
- Madelin Pow and Rachel Ganley Communications Coordinators
- Sarah Comer Pool Coordinator
- Caleb Jones Nedslads Liaison
- Harshana Sajith Picket Fence Project Coordinator.

We still have a number of vital positions to fill. Here is your opportunity to be part of this wonderful group, to share ideas and see tangible results. You may even make new friends along the way! It can be hugely rewarding, here's what some of our current members have to say:

'Giving time to the P&C directly benefits our children and I see that with each and every P&C event.' Kavita, Fundraising Coordinator 2022

'It is an opportunity to assist the school in many ways, allowing it to stay focused on our kids.' Sarah, Pool Coordinator 2022

'Not having any family or friends when we moved to Perth, I found it a great way to meet people. Plus, it's fun to be involved in activities that benefit my kids.' Sally, financial member since 2017

'Our children can see that we value their school and educational experience. It is an opportunity to make a difference in what really matters – our kids!' Juliana, financial member 2022



Roles still available: pccommnedlands@gmail.com

Role	Description	
Vice President	Supports the President and other P&C members. May be required to step into the role of President or Secretary from time to time.	
Secretary	Meeting administration, including minute taking and document distribution.  Maintenance of P&C membership list.	
Uniform Shop Coordinator	Operates the uniform shop each week, with a team of volunteers. Manages stock and processes online orders. Maintenance of sales records.	

Anyone stepping into a role would be given a thorough hand over, with ongoing support.

### **KidzBiz Out of School Hours Care**

We welcome all children aged from 4 to 12 years of age. The service opens at 6.30am for Before School Care and closes at 6pm for After School Care. During the school holidays our Vacation Care program operates all day from 6.30am to 6pm, Monday to Friday. The service will offer the Child Care Subsidy to reduce childcare costs for families.



Our programs are fun and interactive with a focus on sport activities. Every day at Kidz Biz we provide a varied program offering children a choice of exciting incursions, excursions, swimming sessions, arts & crafts, sports skill training, cooking, drama and so many more fun activities!

Our fee includes all nutritious meals prepared by our onsite cook. Breakfast for before school care, Afternoon Tea for after school care and all meals during Vacation Care.

We look forward to supporting Nedlands Primary School and forming excellent relationships with its' families and children. To make enquiries and bookings please email: <a href="mailto:sheila.v@kidzbiz.net.au">sheila.v@kidzbiz.net.au</a> Please visit our website: <a href="mailto:kidzbiz.net.au">kidzbiz.net.au</a>.

### **Community News**



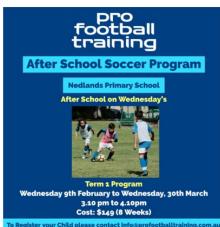
# **Nedlands Netball Club**

# Teams need to be formed by 11 March 2022

- Year 2/3 and Year 4/5 NetSetGo teams play after school on Fridays
- Year 5 and Year 6 Juniors play on Saturday mornings
- All games are played at Matthews Netball Centre on Selby Street
- Team training sessions will be held after school on the Nedlands Primary School court
- · Girls and Boys are welcome to play
- Winter season starts 6/7 May 2022

Further information & registration, please contact Sally nedlandsnetballclub@gmail.com





To Register your Child please contact info@profootballtraining.com.au

Mark Lee - 0430 788 703 | Barry Wood - 0407084 589 Web www.profootballtraining.com.au

### Come and Try **UWA WEST COAST**

**Junior Development and Youth Squads** 

at HBF Stadium and UWA Aquatic Centre AM and PM squads available

### Junior Development Squads - 7yrs to 12yrs - Come and Try

UWSC junior squads teach young swimmers how to build swimming endurance while maintaining good technique. Training in UWSC Squads is a great way to to learn more about competitive swimming and to be ready for school swimming and carnivals.

Not sure where your swimmer would fit?

Contact UWSC Administration to 'Corne and Try' squads.



UWA
WEST COAST
SWIMMING CLUB
WEST COAST
SWIMMING CLUB
WWW.WAWESTCOAST.OFG
08 6156 1900

# **Neddies Chess Club**

runs every Monday at 7:30am for students from year two and older in the library. Please contact John Pimenov for details on 0449173087 or by email johnpimenov.au@gmail.com



### Website:

http://nedlandsps.wa.edu.au/



Contact:

9278 6300



Email:

Nedlands.ps@education.wa.edu.au